

Hours of Business

Monday 10.00 am - 6.00 pm
Tuesday 10.00 am - 9.00 pm
Wednesday 10.00 am - 8.00 pm
Thursday 10.00 am - 8.00 pm
Friday 10.00 am - 6.00 pm
Saturday 9.00 am - 5.00 pm



PLUSHnails&beauty

David Lloyd Leisure Centre
Capability Green
Luton
Bedfordshire LU1 3LU

Tel: 07920 425427

e-mail: info@plushbeauty.co.uk
www.plushbeauty.co.uk



PLUSHnails&beauty

PRICE LIST

Tel: 07920 425427

Non David Lloyd members welcome



PLUSHnails&beauty



DECLÉOR
PARIS



Plush Nails And Beauty is your professional beauty salon that offers a complete range of face and body treatments with the availability of Advanced Therapies for any specific concerns you have. Crystal Clear's microdermabrasion delivers immediate, visible results in a progressive rather than an aggressive way. We use Holistic therapy's to help you unwind and relax with our aromatherapy massage or Hot Stone massage and our beauty knowledge to help with any concerns you may have. We are all fully experienced professionals that are a part of the confederation B.A.B.T.A.C.

Situated in David Lloyd Leisure Centre, Capability Green, we are local and have free parking available. NON MEMBERS WELCOME and for the members of David Lloyd you have available a friendly children's creche. So come and feel revived at Plush Nails and Beauty!

Plush packages and Spa day's available - see back of price list.

Plush Gift Vouchers

Gift vouchers make an excellent gift at anytime of the year. Vouchers can be used towards any Treatment of choice or Retail product. All gift vouchers are valid for six months.

Plush Courses

All treatments available in courses with a reduction in cost.

COMING SOON - Plush Shopping on line!

Visit our website to purchase your favourite products at a cost reduction price.

For cancellations for course appointments, spa days or package days we require a minimum notice of 24 hours. In an event that you are unable to give the minimum notice a 50% charge of your appointment will be made or one treatment will be deducted from your course. On certain weekends we may ask for a deposit to secure your booking. On booking your spa day or Plush package we will need to take a 50% deposit.

ALL NIRVANA COURSES, GIFT VOUCHERS AND SPA DAYS WILL BE HONOURED.

Crystal Clear Treatments

Microdermabrasion (MDA)

Microdermabrasion delivers immediate, visible results in a progressive rather than aggressive way. By performing this gentle exfoliation and lift we can resurface the skin. MDA is idea for all skin types and colours and treats fine lines, acne scaring, pigmentation and sun damaged skin.

Quick Fix	30 mins - £45.00
Pro Active - Acne Treatment or pigmentation treatment	1 hr - £55.00
Microdermabrasion for men	£55.00
Course of 10 - SAVING £73.10	£467.50

Nora Bode Oxyjet Facials

Breathing New Life into the Skin

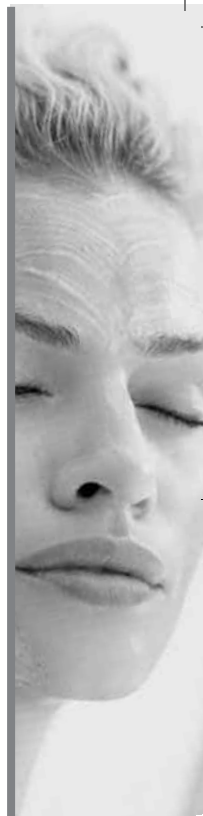
Now offering BEAUTY-TOX Ultra, Nora Bode OXYjet is the world's most effective Oxygen System available. Known as the 'Celebrity Facial Treatment', OXYjet smoothes fine lines and wrinkles, especially under the delicate eye area and upper lip, softening the nasal folds by delivering pure oxygen and specialised ingredients to the deep layers of the skin.

Beauty-Tox Anti-Ageing Facials

Using the pulsed pressure of pure oxygen, BEAUTY-TOX is 'shot' into the deepest layers of the skin. Penetrating to the muscle, it controls facial muscle contractions without completely diminishing facial expression. This toxin free equivalent to cosmetic injections reduces muscle contractions responsible for the formation of lines in the eye area, forehead and around the mouth. It amplifies the Collagen within the skin, filling lines and wrinkles giving a smoother complexion.

Beauty-Tox Curative Treatment (For mature skins with lines and wrinkles)

Course of 5 (including homecare products)	£405.00
Single Treatment	£90.00



CRYSTAL CLEAR
SKINCARE



Beauty-Tox Preventative Treatment (Ideal for younger skins)

Course of 5 (including homecare products) £350.00

Single Treatments £80.00

Both courses include two homecare products, which must be used correctly to obtain optimum results.

Energising Oxygen Facial

Proven to re-energise the face, giving a healthy radiant, brighter look and firmer feel to the skin. New life is breathed into the skin!

Single treatment £45.00

Anti-Acne Treatment

The OXYjet Anti-Acne treatment is an exciting new skin rejuvenation treatment that dramatically fights acne and reduces scarring associated with acne, giving a clear, fresh look to the skin. Using the latest biotechnology, the treatment is scientifically proven to eliminate imperfections and fight bacteria associated with acne, restoring hormonal balance.

Course of 10 treatments (including homecare) £550.00

Single treatment £55.00

Anti-Pigmentation Treatment

Scientifically proven to be the most effective way of diminishing age spots and pigmentation disorders caused by over exposure to the sun, this treatment diminishes pigmentation problems without the use of bleaching agents or harsh chemicals. Within just ten sessions, the OXYjet Anti Pigmentation Treatment will achieve a dramatic reduction in the appearance of skin discolouration with lasting results.

Course of 10 (including homecare) £750.00

Single treatment £80.00

Maxi-Lip Treatment

Maxi-Lip is a patented ingredient that is a natural peptide that will volumise the lips. It will increase the Collagen production by up to 351% and increase the moisture content of the lips making them look and feel softer and plumper.

This is the perfect treatment for those who want the 'perfect pout'.

Course of 5 (including homecare) £125.00

Single treatment £25.00

Added to any other Oxygen Facial £10.00

Decleor Aroma Mosaic Facials

Aromaplastie

Tempted by the softest sensation of pure performance? This multi-active, 100% natural treatment is tailored to every skin type. Your therapist selects products to rebalance your skins concerns. At the heart of this treatment is a mask that has a truly unique and surprising texture, with Linseed, Wheat Germ and Sunflower. It provides dual action. It stimulates and enhances the action of the products applied during the treatment, while moisturising and deep cleansing – making this an indispensable treatment step. Your major needs are met to perfection and your skin feels soft, smooth and refreshed.

Aroma Classic - Suitable for all skin types	1 hr 15 mins - £45.00
Aroma Essential - Dry, dehydrated & normal skin	1 hr 15 mins - £45.00
Aroma Purify - Combination, oily skin	1 hr 15 mins - £45.00
Aroma Nourish - Dry skin	1 hr 15 mins - £45.00
Aroma Soothe - Sensitive, touch reactive skin	1 hr 15 mins - £45.00
Aroma Lift - Mature Skin	1 hr 15 mins - £45.00

Aroma Expert

Looking for a treatment with high-precision action? These targeted treatments provide an expert response to the needs of every skin type. Even the most demanding skin is satisfied. Every Aroma Expert treatment offers a concentrate of highly targeted pure Essential Oils and Plant Extracts. You'll notice a difference after the very first treatment and with regular use, the results can be maintained.

Aroma Expert Essential **1 hr 15 mins - £50.00**
The specific aromatic facial. This is a must for dehydrated skins. Wild Pansy and Codium are used to restore and maintain hydration.

Aroma Expert Purify **1 hr 15 mins - £50.00**
An intense balancing treatment, using essential oils of Ylang Ylang and Tea Tree leaving your skin clearer, more luminous and refined.

Aroma Expert Soothe **1 hr 15 mins - £50.00**
This deeply nourishing treatment uses Essential Oils of Rose, Neroli and Petit-Grain to replenish and reinforce the skins barrier function.



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Aroma Expert Nourish

1 hr 15 mins - £50.00

Roman Camomile, Angelica and Geranium are used to calm and comfort stressed irritated skin. The epidermis is soothed and re-balanced leaving the complexion feeling smooth and cool.

Aroma Expert Lift

1 hr 15 mins - £50.00

The ultimate answer to face lifting. We use a unique combination of essential oils including Iris, Jasmine and Cinnamon to lift and firm the more mature skin.

Decleor Specialist Treatments

Aroma Expert Radiance (White Bright)

1 hr 15 mins - £50.00

This intensive treatment harnesses the benefits of pure Vitamin C and the Brightening Complex to reduce areas of excess pigmentation and brighten the entire complexion.

Vital Eyes

45 mins - £35.00

Calms puffiness, eliminates dark circles and reduces fine lines.

Alpha +

45 mins - £45.00

If despite your regular treatment and skincare routine your skin appears dull and less smooth than usual incorporate Alpha+ Aromatic Facial. Your skin will look and feel smoothed, refined and radiant with health.

Mini Facial

45 mins - £30.00

Cleanse, tone, exfoliate, massage and mask. Economical and relaxing.

Back Cleanse

45 mins - £30.00

Decleor Face and Body Sun Treatments

Sunrise

1 hr 30 mins - £60.00

A fabulous treatment for a special occasion. This treatment includes exfoliation & massage to induce melanin production to help protect the skin prior to exposure of the sun. We finish with a golden glow.

Sunset

1 hr 30 mins - £60.00

This treatment soothes sun-exposed skin from top-to-toe. Your skin will feel soft and replenished and your tan will last longer.

Decleor Aroma Mosaic Body Treatments

All your stress is released. You feel invigorated and "restored" from deep within.

Aromassage

1hr - £42.00

Longing for a moment of pure relaxation? DECLÉOR devotes its own special art of massage to your body. From the tips of your toes to the tension points of your scalp, your therapist's trained fingers ease, soothe and relax every part of your body. A skilled professional, she uses techniques exclusive to DECLÉOR, combining massage with acupressure. Tensions are soothed away, your body is filled with a feeling of renewed energy. Your therapist takes into account your general condition and your body's needs to choose the best adapted techniques and massage balms.

Back, Neck and Shoulder massage Aroma Envelopment

30 mins - £30.00
1 hr 30 mins - £56.00

Tempted by the warm sensation of pure performance? At the heart of these treatments is a rich, creamy mask with plant extracts, chosen according to your needs and applied all over your body. For a beneficial, comforting sensation, enjoy the pleasure of a heating blanket and head massage while your mask is on. Before and after the mask, your body is treated to relaxing, cleansing or stimulating techniques, depending on your needs. You feel wonderfully replenished. Your major needs are met to perfection and your skin feels soft, smooth, and refreshed.

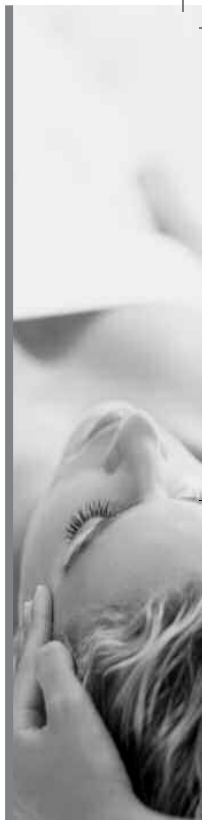
Choose from: **Relax** to soothe your body **Flow** to energise your body
Detox to refine your body **Tonic** to firm your body

Decleor Localised Aroma Treatments

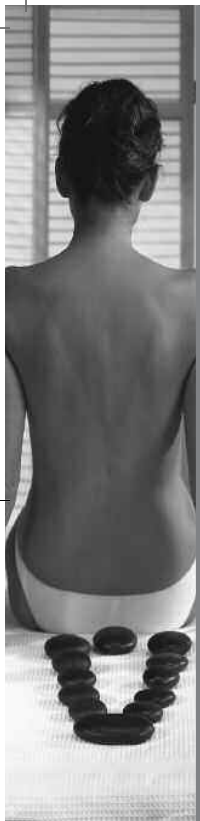
Looking for a treatment with high-precision action? These targeted treatments provide an expert response to every need: relaxation, refining, toning or leg relief. Every essential part of your body has its own special treatment, combining exclusive techniques and specific Body Care products.

Aroma Flow

1hr - £32.00



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The perfect antidote for tired, heavy, aching legs.

Aroma Detox 1hr - £32.00

Aroma Detox - full body 2hrs - £62.00
Specifically designed to target areas such as hips, thighs, bottom and stomach.

Aroma Tonic 1hr - £32.00

Aroma Tonic - full body 2hrs - £62.00
This intensive treatment enables the skin to regain firmness and elasticity.

Lymphatic Drainage 45 mins - £32.00

Firm treatment on localised areas to break down fatty deposits and cellulite. This treatment helps to break down fatty deposits and cellulite and protect your skin from the sauna

Holistic Treatments

Hot Stone Therapy Back, neck & Shoulder 30 mins - £35.00

Warm volcanic rocks are used to massage away tensions, to harmonise and re-balance the entire body, drawing you into a deep state of meditative relaxation.
1 hr 15 mins - £60.00
Course of 6 - £300.00

Aromatherapy Massage 1 hr - £44.00

After a thorough consultation essential plant oils are blended according to your specific needs. Aromatherapy can be relaxing, uplifting, stimulating or calming according to the mix of oils used.

Indian Head Massage 45 mins - £33.00

This is relaxing and calming and more importantly can help reduce eye strain, sinus congestion, mild headaches, tension and stress.

Swedish Massage

Swedish Massage can improve digestion, circulation, lymphatic drainage and muscle tone. Full Body 1 hr - £43.00
Back / Neck 30 mins - £30.00

N.B All of the holistic treatments are also available to men.

Jessica Hand and Foot Care

Prescriptive Manicure 1 hr - £23.00
Includes nail shaping, cuticle care, hand massage and polish.

Prescriptive manicure with French Polish 1 hr - £25.00
Includes nail shaping, cuticle care, hand massage and polish.

Luxury Le Remedi manicure 1 hr 15 mins - £30.00
An exquisite manicure starting with a cleanse and exfoliation, mask and liposome treatment followed by nail shaping, cuticle care, massage and polish.

Prescriptive Pedicure 1 hr - £30.00
Includes nail shaping, cuticle care, softening lotions to relax the feet and finally nail colour of your choice.

Luxury Spa Pedicure 1 hr 15 mins - £34.00
An extremely indulgent pedicure beginning with a cleanse, exfoliation, mask and liposome treatment, followed by nail and cuticle care, massage and polish

Shape and Varnish with French Polish 30 mins - £16.00
Shape and Varnish 30 mins - £15.00
Children's Nails with added sparkle 30 mins - £13.60

N.B Please remember to pay for your manicure prior to your treatment, to have your car keys easily accessible and to allow at least 10 mins drying time in reception, to avoid smudging your freshly polished nails. When having a pedicure please remember to bring open toed shoes for the same reason.





Nail Enhancements Gel nails by Bio - Sculpture

Full Set of natural Overlays	£35.00
Full set of French Overlays	£35.00
Full set of extension natural tips	£40.00
Full set of extension French tips	£40.00
Full set of sculptured French or coloured tips (first set 10% discount)	£65.00
Re-balance / In-Fills	from £25.00
Single Nail Replacements / Repairs	£5.00
Removal of Nails / Overlays (including cuticle care)	£22.00

All full set applications include one colour polish.

Eye Treatments

Eyebrow tint	£6.00
Eyebrow Shape / Tidy / Wax	£10.00 / with tint £15.00
Eyelash Tint	£13.00
Eyelash Tint, Brow Tidy	£20.00 / with tint £22.00
Eyelash Perming	£33.00
Creating a natural curl lasting up to 8 weeks, including an eyelash tint.	
Eyelash Extensions	1hr 30mins £120.00
Semi-permanent individually applied lashes for a dramatic but natural effect. Top-ups needed every three weeks.	

Make-up

Make-up Lesson	1hr - £34.00
Make-up Lesson for any special occasion	45 mins - £30.00
Bridal Make-up including a trial session prior to the wedding day	45 mins / 1 hr - £70.00

We do offer a call out service for make-up and bridal make-up

Waxing

A fast, efficient and hygienic way of removing unwanted body hair for up to 6 weeks, using a luxury cream wax.

Full Leg Wax and Bikini Line	£28.00
3/4 Leg wax and bikini Line	£25.00
Full Leg Wax	£21.00
3/4 Leg Wax	£20.00
1/2 Leg Wax, Bikini Line and Under Arms	£30.00
1/2 Leg Wax and Bikini Line or under arms	£23.00
1/2 Leg Wax	£17.00
Extended Bikini Line	£16.00
Bikini Line	£10.00
Lip, Chin & Sides	£13.00
Lip & Chins	£11.00
Lip or Chin	£10.00
Eye Brows	£10.00
Forearms	£15.00
Under Arms	£10.00
Hollywood (using hot wax)	£31.00
Brazilian (using hot wax)	£26.00

Electrolysis

A hygienic way of permanently removing unwanted facial hair, using individually packed sterile, disposable needles.

Milia removal from £11.00

Up to 15 mins £16.00

Up to 30 mins £21.00

Ear Piercing

The Calfon Ear Piercing System conforming to the E.U standards of health and hygiene, using safe and sterile conditions

£18.00





Tanning Treatments

St Tropez

Full body application manually applied to face and body. **1 hr - £40.00**

Decleor Tan

Full body application manually applied to face and body. **1 hr - £40.00**

Male Grooming

Manicure

Including nail and cuticle care, hand massage and nail buffing for a natural, healthy shine.

45 mins - £30.00

Back and Neck Massage

A deep, relaxing and stress busting massage to ease aches and pains.

30 mins - £32.00

Decleor Mini Facial

Individually prescribed depending on your specific requirements

45 mins - £30.00

Back Wax

£26.00

Chest Wax

£26.00

Eyebrow Tidy

£10.00

Crystal Clear Microdermabrasion

30 mins - £45.00

Crystal Clear Delux

1hr - £55.00

Plush Packages

Top - to - Toe Stress Buster

An Aroma Classic and a Decléor aromassage.

2 hrs 30 mins - £80.00

Well being Holistic Package

Aroma back and neck massage.

1 hr 45 mins - £58.00

Holiday / Bridal Package

Eyelash tint, tanning treatment of your choice, shape and varnish on hands and feet.

2 hrs - £70.00

Lunch Hour Special

Re-shape and varnish of hands and half back and neck Swedish massage.

45 mins - £39.90

Mothers-To-Be Package

Back and neck half Swedish massage, prescription manicure and pedicure, standard bikini and eyebrow wax and eye-lash tint.

3 hrs - £95.45

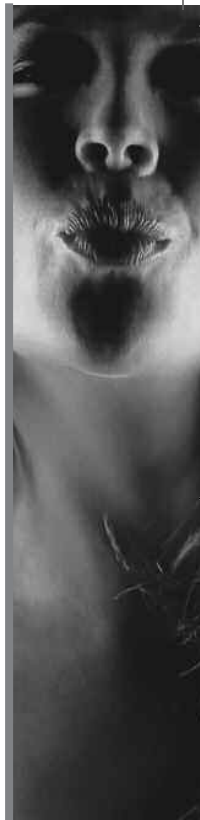
Spa Package (Including Lunch)

This is the ultimate in luxury. Allow out therapists to pamper you with an Aromaplastie Facial including eyebrow wax, a luxury Jessica manicure, a luxury spa pedicure, finishing with a completely indulgent Decléor Aromassage. We will include a salad or a sandwich with fruit.

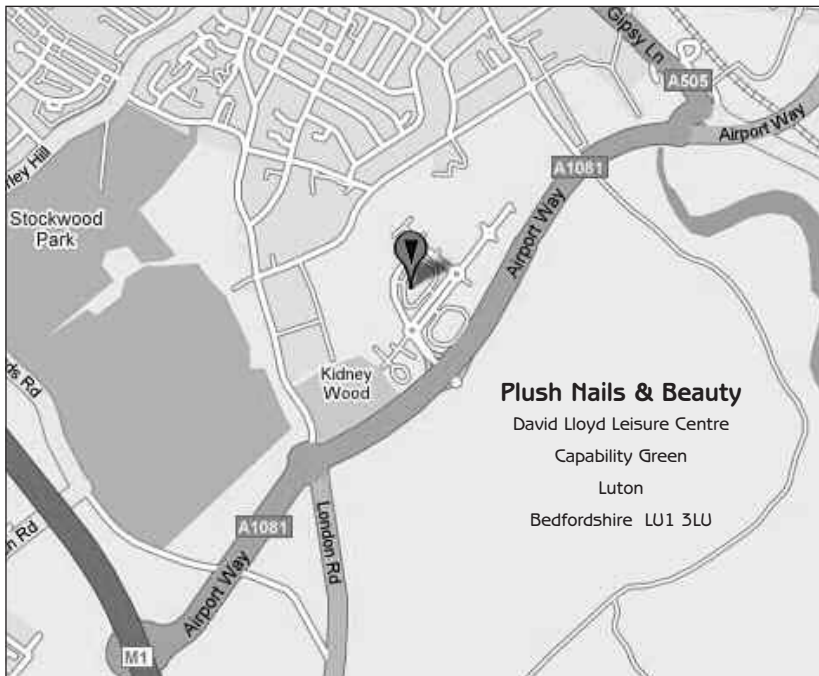
4.5 hrs - £130.00

**Corporate Packages, Private Parties, Salon Hire,
Children's and Teenage Parties**

£POA



How to Find Us



Plush Loyalty Card

The Plush Loyalty Card is available to all clients and is given to you by your therapist on payment of your first salon treatment. The card is named and dated and is non transferable.

The card is stamped once each time you visit the salon for a treatment. Once the card has been stamped a total of 4 times, you will receive a 10% discount on all future treatments and a 5% discount on all future retail purchases for the balance of the year.



PLUSHnails&beauty

LOYALTY CARD

10% off all treatments / 5% of all retail purchases



Name.....